SUPPORTING PHILADELPHIA'S HOMELESS

On any given day, approximately 7,500 people are experiencing homelessness in the city of Philadelphia. While local shelters provide housing, many are not able to also provide physical nourishment. That is where Chosen 300 comes in. Since 1996, Chosen 300 has stood in the gap by serving over 150,000 meals to persons experiencing homelessness and food insecurity in the city of Philadelphia each year. Over 115 churches and organizations in the Philadelphia region supports Chosen 300. Chosen 300 relies on private gifts from individuals, private companies, churches and organizations to maintain its mission work in Philadelphia and around the world.

Funds raised from the Polar Bear Plunge will go directly to support the many programs offered by Chosen 300®. Those efforts include:

- Serving over 3.000 meals each week.
- Job readiness programs
- Bulk Food Distributions

For more info:



Mail & Correspondence PO Box 95 • Ardmore, PA 19003



215-243-0300



info@chosen300.org



www.chosen300.org

Register & Donate Early

Visit chosen300.org to donate or to register in advance. Your sponsors or any one making a pledge on your behalf can use this links as well!

CHALLENGE!

Make sure to challenge your friends & family to take the plunge & raise pledges or just donate \$100! See insert for more information!



in partnership with

FRANCONIA MENNONITE CHURCH

Thank you to our sponsors!



AUTOMOTIVE EXCELLENCE SINCE 1924











15TH ANNUAL

FROZEN FOR CHOSEN 300® POLAR BEAR PLUNGE AND ICE BUCKET CHALLENGE





January 1, 2025

BRANCHWOOD PARK • TELFORD, PA

939-987 Camp Road • Telford, PA 18969

If you're doing the PLUNGE at the park, arrive at 11:30 AM. Official Plunge Time: 12:00 PM.

Tag us in you video on Facebook, Instagram or Twitter.

Use #FrozenForChosen300 & #Chosen300 to share your photos

Date: Sunday, January 1, 2025 @12PM (registration @ 11:30 AM)

Branchwood Park • Telford, PA

Please Make Checks Payable to CHOSEN 300 designating POLAR BEAR PLUNGE in the memo.
ALL FUNDS COLLECTED MUST BE TURNED IN ON THE DAY OF THE EVENT TO A CHOSEN 300 STAFF.
You may also mail your donations to Chosen 300 or use the chosen 300.org link on the back of this brochure to send your donations.



Every one who takes the plunge get a skull cap.

Plunger Name:					
Telephone:	Email:	Email:			
Address:	City:		State:	Zip:	
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Submission of this form constitutes an acknowledgement that the swimmer is physically able to undertake the plunge, and is a waiver of any and all claims arising out of the event which the swimmer might assert against any parties connected with the event. In addition the swimmer agrees to the use of any photo, film or video of the event for any purpose.